

# DRISHTI

Date: 9<sup>th</sup> and 10<sup>th</sup> December, 2021

No. of Participants: 150

**Students' Representative Council** 2021-22 organized a series of sessions for students' development under '**DRISHTI**'.




**RCOEM** SHRI RAMDEOBABA COLLEGE OF ENGINEERING AND MANAGEMENT  
STUDENTS' REPRESENTATIVE COUNCIL

PRESENTS

# DRISHTI

A VISION TOWARDS A SUCCESSFUL HOLISTIC DEVELOPMENT

- Aptitude Building
- Group Discussion
- Interdisciplinary Courses
- Counselling and Welfare Schemes
- Panel Discussion for a Healthy Life
- Startup, Incubation, CHIT
- Department Specific Career Goals
- Communication Skills
- Personal Interview
- Higher Education
- Technical Training for Placements

To Register : 

Last Date of Registration :  
30<sup>th</sup> November 2021

MODE:  
OFFLINE

## Coming Soon

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'DRISHTI' was a two day event aimed at providing college students with the guidance towards overall development in a student's life and knowledge on the role of college in it. Our objective of this event was to initiate an academic outreach to help third semester students of Shri Ramdeobaba College of Engineering and Management, Nagpur, develop an intellectual insight towards professional as well as personal life. After attending all classes virtually and spending most of their times on screens for the last two years, students returning to college now had to adapt to the normal life and hence needed a clear vision to set the right path for themselves ahead.

Day one consisted of series of interactive sessions on various topics, the guest speakers and the respective topics they spoke on are listed below:

1. Mr Vinay Chawla, session on Positive Attitude Building
2. Dr. Sanjay Raghatate, session on Effective Public Speaking
3. Mr. Vijay Naidu, session on Vision for Higher Education
4. Mr. Hitesh Dewani, session on Group Discussions and Personal Interviews
5. A panel discussion (Ask the Doctor) for a healthy life was held by three guests- Dr. Mosam Phirke, Dr. Satish Sule and Dr. Nitin Awasthi

The sessions started from 9:30 a.m. and ended at 5:00 p.m. on 9<sup>th</sup> December, 2021. An Aptitude Test was held from 3:00 to 3:30 p.m. to give the students a better understanding of the pattern of the test and help them self-analyze themselves. All guest speakers were presented with a sapling and momento by Dr. Rashmi Sahu, Dean of Students.

Day two of the event was held in the respective departments of the students where they were enlightened about Technical Training for Placements, Department specific Career opportunities, various Counselling and Welfare schemes, Incubation and Interdisciplinary Courses provided by the college.

Mails were sent to guest speakers with the invitation of event asking them for their availability. A post announcing the event- Drishti was uploaded on the Instagram page of SRC. An official message cum invitation was circulated in all WhatsApp groups of third semester college students with a registration link via Google form. We received a total of 359 registration forms. A mail was also sent to all registered candidates on the day of event.

**Glimpses of the event:**



Students solving Aptitude Test



Anchor:- Ms. Devashree Zalke, Dr. Rashmi Sahu and Mr. Vinay Chawla (from left to right of the viewer respectively)

# SESSION ON POSITIVE ATTITUDE BUILDING

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Date: 9<sup>th</sup> December, 2021

No. of Participants: 150

Time: 9:30 am IST

Duration of session: 1 hour

A session on topic: **‘Positive Attitude Building’** was held by Students’ Representative Council where **Mr. Vinay Chawla** was invited as the speaker. He’s the founder and motivator of Enlighten the Soul, an international enterprise into motivation manufacturing. He’s also a notable alumnus of Shri Ramdeobaba college of Engineering and Management, Nagpur. He has delivered many programs under the initiative of Ministry of youth affairs, India to fulfill his mission to empower the youth.

Our objective of this session was to enlighten today’s youth about the importance of positive attitude and how it can transform lives. It’s a key towards living a life with full potential along with enjoying the process of building such a life. College students need to understand this concept at an early stage to shift their perspective of college life and view it as once in a life-time opportunity.

A mail was sent to Mr. Vinay Chawla asking him to be our guest speaker for this session. The anchor of this session was Ms. Devashree Zalke, Student Welfare Executive, SRC. After the speaker’s introduction, Dr. Rashmi Sahu, Dean of Students welcomed him with a sapling and memento.

Some highlights from the session are as follows:

The session started with a very enthusiastic approach where Mr. Vinay Chawla encouraged the audience to do some quick exercises to get them charged up for the session. He introduced four main concepts throughout the session.

1. **Belief system:** He explained how everything in our lives start with our own beliefs with a simple caterpillar story. When told by a scientist that it could not fly, the caterpillar when turned to a butterfly believed in the strength of her wings and flew anyway. It displayed that the inner potential of an individual is way bigger than society’s limited vision.
2. He made us identify how long term goals can be achieved by little steps. Short term goals are the key for consistent little steps towards long term goals. We perceived that short term goals can take us to long term destinations.
3. A very interesting ‘Aloo Concept’ was enough to drive us out of our comfort zones and get a head-START approach toward life. He inspired us to not settle for less and live the life of our dreams.



4. The right Perspective: He spoke of how perspective shift is essential for a positive attitude and stated that we should be positive, but with a realistic approach. He changed the way we look at our failures, asked us to celebrate our failures and keep a dairy to analyze our thoughts.

His words were a source of inspiration to us. His concepts and ideas put to practice will help us not only throughout our college lives but also in the long run.

**Glimpses of the session:**



# SESSION ON EFFECTIVE PUBLIC SPEAKING

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Date: 9<sup>th</sup> December, 2021

No. of Participants: 150

Time: 11:00 am IST

Duration of session: 1 hour

A session on topic: **‘Effective Public Speaking’** was held by Students’ Representative Council where **Dr. Sanjay Raghatate** was invited as the speaker. He’s the Dainik Bhaskar Youth Icon. He’s the executive director of Oxford Speakers’ Academy, a training school for English speaking and Personality development. Being an institutional and corporate trainer, he’s well known for his oratory and is committed to provide social services to people via the Academy. Throughout his career he has been honored with more than 90 awards. He has willingly devoted his life for upliftment of the youth.

Our objective of this session was to prepare students for the most vital forms of communication, i.e., Public Speaking. Without effective communication skills, the ability to progress in the working world and in life, itself, would be nearly impossible. It is a crucial skill to form connections and influence decisions for students in their college life.

A mail was sent to Dr. Sanjay Raghatate asking him to be our guest speaker for this session. The anchor of this session was Ms. Ashlesha Bonkinpelliwar, Dance Club-Coordinator, SRC. After the speaker’s introduction, Dr. Rashmi Sahu, Dean of Students welcomed him with a sapling and momento.

Some highlights from the session are as follows:

Dr. Sanjay Raghtate’s energy was enough to charge the audience. His lively and cheerful personality made the audience comfortable to talk to him openly. Throughout his session, he was interacting with the audience and teaching them effective public speaking skills by making them participate to speak out without fear.

Some takeaways from the session were:

1. Be confident, you are basically just a human interacting with another human being, so there’s nothing to be afraid about.
2. First impression is the last impression, so make sure you put your best self forward.
3. Grab all the opportunities in life, to do anything in general, because even if the opportunity is not inclined with your goal, it will still teach you something.
4. ‘Nazariya badlegne to nazaare badlengne’- If we change our perspective, the situations we experience will change too.
5. Effective speaking is the concept of marketing ourselves against all odds.

6. To be an effective speaker, you should first be a good listener.
7. Be smart, approaching and attentive in all situations of life.
8. Invest yourself in 'something' and make sure you give all your efforts to gain the best results in it.
9. Keep you 'Manan, Chintan, Kathan and Nayan' in check.

The students were highly inspired from his session, many approached him after his session and had their queries solved. He was welcoming to all and with his speech left a mark of effective speaking on everyone without conscious notice.

**Glimpses of the session:**



# SESSION ON VISION FOR HIGHER EDUCATION

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Date: 9<sup>th</sup> December, 2021

No. of Participants: 150

Time: 12:00 noon IST

Duration of session: 1 hour

A session on topic: ‘**Vision for Higher Education**’ was held by Students’ Representative Council where **Mr. Vijay Naidu** was invited as the speaker. He’s a mechanical engineer armed with an MBA degree. Education is a very significant sector, so he became a pioneer in education consulting. He founded Exnet International in 1999 and started working with British universities, helping them expand their presence in India, by forging partnerships with Indian colleges and recruiting students.

Our objective of this session was to provide knowledge about higher education to students and make them view it as an opportunity for a better career. We wanted to put forward a picture of the future that is neglected by many who do not see the importance of higher education but have the potential to pursue it.

A mail was sent to Mr. Vijay Naidu requesting him to be our guest speaker for this session. The anchor of this session was Ms. Aditi Singh, Dance Club-Coordinator, SRC. After the speaker’s introduction, Dr. Rashmi Sahu, Dean of Students welcomed him with a sapling and memento.

Some highlights from the session are as follows:

Mr. Vijay Naidu had a very clear and straightforward approach on the content he intended to deliver to the students. He talked about the factors to be taken in account before considering higher education. He mentioned newspapers like Economic Times, The Times and The New York Times to be important publications that provides information on higher education and asked everyone to be updated about all happenings in the world. He told to research on the expectations of particular industries in which higher education can be considered. The competition is high in today’s world and so he asked us to prepare ourselves of all the challenges that we’ll account throughout our journey. The steps he conveyed to consider before deciding for higher education were:

1. Where to pursue higher education: in one’s own country or abroad?
2. Making a list of colleges that provide the courses that you are interested in.
3. Our seniors and the Internet are sources of information to us, when in search for an answer we can approach either of these options.
4. Keeping a reading habit and keeping oneself updated.
5. Preparing a passport in the final year of study is essential.



6. Considering an education loan because the expenses will be high due to tuition fee, accommodation fee, cost of insurance particularly medical and the living expenses.

He encouraged all of us to keep long term objectives in life and to be capable of acknowledging the after graduation possibilities. He inspired us to have a goal and gave us the direction to fulfill it.

**Glimpses of the session:**



# SESSION ON GROUP DISCUSSIONS AND PERSONAL INTERVIEWS

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Date: 9<sup>th</sup> December, 2021

No. of Participants: 150

Time: 2:00 p.m. IST

Duration of session: 1 hour

A session on topic: ‘**Group Discussions and Personal Interviews**’ was held by Students’ Representative Council where **Mr. Hitesh Dewani** was invited as the speaker. He is a Co-founder and director, HR mentors. He has conducted over 100 workshops / guest lectures and trained more than 20,000 professionals and students across the nation. He is exceptionally skilled in soft skills, E-learning, business relationship management, business development and employee engagement.

Our objective of this session was to inform students about two crucial aspects of job selections, i.e. Group Discussions and Personal Interviews. In the college life of a student, apart from academic acknowledgements, a person should also prepare themselves with the skills required to be selected for their dream jobs.

A mail was sent to Mr. Hitesh Dewani requesting him to be our guest speaker for this session. The anchor of this session was Mr. Jaskaran Bhangoo, Publicity Incharge, SRC. After the speaker’s introduction, Dr. Rashmi Sahu, Dean of Students welcomed him with a sapling and memento.

Some highlights from the session are as follows:

Mr. Hitesh Dewani started his session by telling us the real life scenarios that take place during the processes of Group Discussions and Personal Interviews. He stated these to be rejection processes and not basically selection processes. He told us about the misconceptions people have about these selection rounds and showed us the right way to approach them. His session can be divided in two parts:

## 1. Group Discussions

After telling us the purpose of and the basic process involved in Group Discussions, he added some points to remember while being a part of this round. He stated that Group Discussions are a platform to discuss the ‘right’ points not just to put your point forward. It is not a debate but a discussion. He told us how marks are distributed and that the emphasis is given to an individual’s people handling skills and emotional/logical thinking.

## 2. Personal Interviews

He gave an in depth knowledge on the ins and outs of a Personal Interview. He went through every part of interview starting from the introduction till the conclusion telling us of all the various ways in which an individual spoils their interview and how we should not repeat those common mistakes. He told us that the attitude matter more than the content you offer to the interviewer.

His session provided us with all the information one needed to prepare for these two rounds of job selection process. His examples and experiences were such that we'll remember the lessons learnt when we face the same situation.

### Glimpses of the session:



# ASK THE DOCTOR (PANEL DISCUSSION)

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Date: 9<sup>th</sup> December, 2021

No. of Participants: 90

Time: 3:30 p.m. IST

Duration of session: 1 hour 30 minutes

A panel discussion, ‘**Ask the Doctor**’ was held by Students’ Representative Council where **Dr. Mosam Phirke, Dr. Satish Sule** and **Dr. Nitin Awasthi** were invited as the panel members.

- Dr. Mosam Phirke completed his post-graduation in psychiatry at Sion Hospital Mumbai. He also got trained in rational emotive behavior therapy from Mumbai. He worked as a senior resident at IGMC Nagpur for two years and as a consultant with Tata trusts for one year. Currently, he is working as a psychiatrist and psychotherapist at Manasparsh Mind wellness center. He is also the founder-director of Manasvi foundation who works for children with academic difficulty in rural area.
- Dr. Satish Sule is a Private practitioner in Nagpur. He served as Lecturer in Government Medical College. He is an Acclaimed Squint Expert, conducted more than 7000 Cataract Operations. He is the Founder of the Nagpur Academy of Ophthalmology and Founder Secretary of Vidarbha Ophthalmology Society. Apart from medical practice, he was also known as the best actor in Marathi drama throughout his medical college career, is a leader of IMA group which staged two performances in England and was also a district level badminton champion during his schooldays.
- Dr. Nitin Awasthi has completed his B.A.M.S from Rajiv Gandhi University of Health and Sciences, Karnataka, Bangalore. After completing the course, he studied in a traditional Gurukul under Vaidya Mahesh Datta Sharma Shastri for two years. He is an expert in Nadi Pariksha, Panchakarma and Ksharsutra. In 2014, he joined Baidyanath Life sciences as Sr. Ayurveda Consultant and in the five years stint, he has successfully introduced and implemented new therapies for various ailments in a traditional way covering areas such as pain, obesity, skin and hair problems, infertility, heart care, diabetes, asthma and much more.

Our objective of this session for the students was to clear their queries regarding health issues. This pandemic has left us with a way of living that we’re not adapted to, and there have been many confusions and myths on things to do or not to do for a better healthy life. This discussion session was an initiative to help students adapt a healthy life guided by the panel doctors. Mr. Om Jodhpurkar, Music Club-Coordinator, SRC, was the anchor for this session. After the panel member’s introductions, Dr. Rashmi Sahu, Dean of Students welcomed them with a sapling and momento each.



Some highlights from the session are as follows:

Initially, the panelists shared their experiences during the peak pandemic days, predominantly about the covid. They also pointed out that the death count due to suicides increased rapidly due to the Covid. They also shared the reason for this situation; most of them were because people were isolated for a long time and due to social media influence and comparison on these platforms. They suggested some remedies that can be used in day to day basis and showed us the way we can adapt to the new lifestyles. The session ended with a Question and Answer round, some of the questions were taken up from the instagram story posted on @rcoem.src asking students to put their questions, while others were asked by the audience present at the session.

Dr. Rashmi Sahu, Dean of Students, gave a vote of thanks to the panel members for taking out time from their hectic schedule and educating us on some of the most important topics relating health and lifestyle.

**Glimpses of the session:**



Dr. Nitin Awasthi



Dr. Satish Sule



Dr. Mosam Phirke