

Shri Ramdeobaba College of Engineering and Management

Rotaract Club of RCOEM

In association with

Women Empowerment Cell

Name of Event: Spreading Art

Date: 31/08/19

No. of Participants: Women:18 Men:13

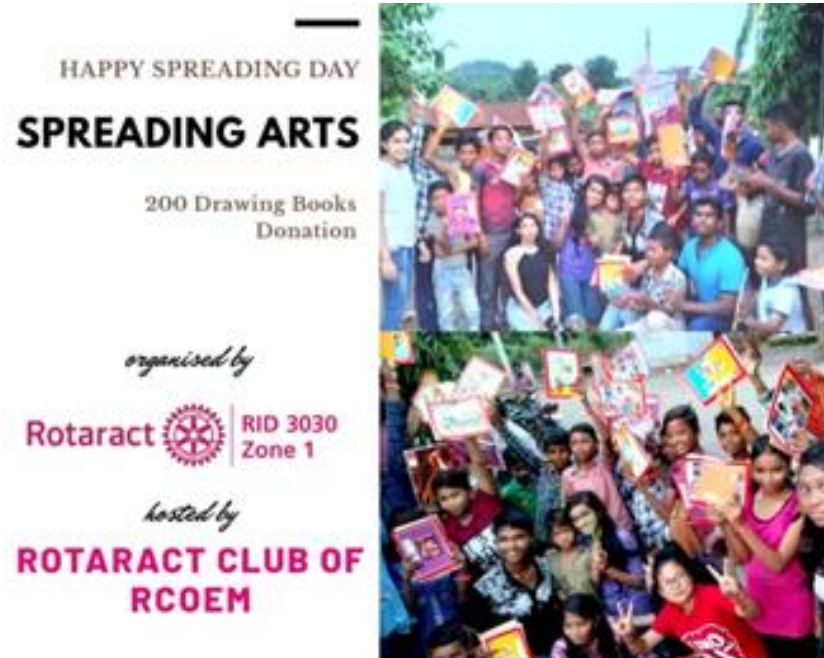
Objective: To help the people to know their skills

Name of Project Director: Rtr. Samruddhi Baghele

Report:

Spreading Art organized by zone 1 | RID 3030 hosted by Rotaract club of RCOEM and Women Empowerment Cell on 31st August 2019 at Chargaon village near Parsioni. In this event Rotaract Club of RCOEM and Women Empowerment Cell distributed 200 Drawings Books donation to underprivileged children on the village. Objective behind this is to motivated children for education and Spreading Art.

Dr. Sunita Dhote
Teacher Incharge, Rotaract Club, RCOEM
Chairperson Women Empowerment Cell



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Name of Event: Diwali Celebration

Date: 23/10/19

No. of Participants: Women:52 Men:41

Objective: To enlighten the lights in the hearts of people

Name of Project Director: Rtr. Muskan Laharwani

Report:

Rotaract club of RCOEM and Women Empowerment Cell had celebrated Diwali on 23rd Oct 2019, at Shanti Bhawan, an old age home. We started with interacting and introducing ourselves. We played few games and had some dance performances and also played musical instrument and sung songs for their entertainment.

We all danced with them followed by offering them with some refreshments. Then we burned some fire crackers with them for their enjoyment. Later we donated socks and winter clothes to them and clicked some photos with them.

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Name of Event: Flag Collection

Date: 15/08/19

No. of Participants: Women:35 Men:20

Objective: National flag dignity and prestige

Name of Project Director: Rtr. Mansi Mishrikotkar

Report:

Citizens all over India geared up in their patriotic colors displaying the national flag, balloons and badges painted in the national color. Prime areas, streets and every nook and corner of the country was decorated with tricolor strings, banners and the national flags. But at the end of the day, these flags which are our country's dignity and prestige are thrown away like trash which is very shameful.

Thus, to find a solution for this, the members of Rotaract Club of RCOEM and Women Empowerment Cell participated in an event which basically consisted of proper disposal of our nation's Flag. Popular and crowded places of city like Futala and Ambazari were chosen because these are the prime places for such careless handling of the national flag by the mob. The volunteers collected those flags and with due respect those flags are buried.

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Name of Event: Ganesh Idol Making

Date: 25/08/19

No. of Participants: Women:28 Men:22

Objective: To save environment

Name of Project Director: Rtr. Ruchika Mohta

Report:

The local trainer over there taught idol making to children and Students. The children were also enthusiastic and had enjoyed the Sunday to its fullest. Getting their hands dirty, playing in the mud, being creative and learning how to make their own eco-friendly Ganesh idol for the upcoming Ganpati festivals was great fun and memorable experience for the people of all ages present there.

The event was a complete success with all the participants thoroughly enjoying and eagerly planning on their versions of the anatomy of Lord Ganesh. The participants indulged in the event with immense diligence and were made aware of this alternative method for avoiding the POP Ganesh idols.

The idols were made entirely out of dissolvable soil, thus making it eco-friendly.

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Name of Event: Nirmalya Collection

Date: 12/09/19

No. of Participants: Women:23 Men:17

Objective: To avoid water pollution

Name of Project Director: Rtr. Shivani Paunikar

Report:

This activity was introducing, to tell the society how to deposit the nirmalya of 10 days in a proper way with the help of NMC. We persuade people to properly dispose nirmalya in NMC dustbins that have been placed near the visarjan place, rather than litter the lake.

On the last day of Ganesh festival which is Anant Chaturdashi, all the Rotaractors of various colleges, Rotarians and Rota kids were very busy with the Ganesh visarjan at their own home and secondly but most importantly busy with the collection of nirmalya. From Rotaract Club of RCOEM and Women Empowerment Cell there were almost 40 students work as a volunteer.

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Name of Event: Self-defense workshop

Date: 30/01/20

No. of Participants: Women:58

Objective: To build confidence and develop self-discipline

Name of Project Director: Rtr. Chetna Agrawal

Report:

The workshop was based on self-defense for girls conducted by Miss.Deepika Udair and team. The workshop started with the welcome speech. There were 58 students participate in workshop on Women Self Defense. The guest gave the demo training of Women Self Defense. And the participants were told to practice and perform the same. The training session was given on the Women Self Defense. And Few tips were given on the Women Self Defense.

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On the occasion of International Women's Day: in a sign of Increasing sensitivity to the health of women, the **NSS Unit and Women Empowerment Cell** of Shri Ramdeobaba college of Engineering & Management, conducted a workshop on Natural Detoxification, Kinds of Pains and Stress for Women, in the MBA Auditorium from 2-3 pm on 11th March 2020. The guest speakers were Dr. Meera Gupta, Dr. Aparna Gupta and Arpita Gupta from Nature **आलय**. 83 teaching and Non-teaching faculties as well as students of almost all the branches attended this event.

Prof. Dr. Neeta Shah presided over the workshop which began with the importance of Women's health in day to day life. She also encouraged the need to strengthen women's immunity for the overall development of women in the society. The second part of the program was the highlight of the workshop. Herein, Dr. Meera and Aparna Gupta conducted a highly interactive and enjoyable session. Dr. Gupta displayed various household methods to get rid off everyday pains of the women's body by using hot/cold water patch, mud therapy and by the consumption of household spices.

The program ended with a vote of thanks by Dr. Sunita Dhote, DMT and In-charge, Women Empowerment Cell. . The session was a thorough learning experience. Dr. Amrita pande, Asst. Prof, Department of physical Education, RCOEM coordinated the Event on behalf of NSS.





