



Shri Ramdeobaba College of Engineering and Management,
RamdeoTekdi, Gittikhadan, Katol Road,
Nagpur - 440 013 (M.S.) (India)


SHRI RAMDEOBABA COLLEGE OF ENGINEERING AND MANAGEMENT

Awareness program on cervical cancer and its prevention:

Date 3rd August 2016

College organized a seminar on awareness of cervical cancer in females and its prevention for girls students.

Dr. Rajasi Sengupta, Director, Sengupta Hospital addressed the students explaining the causes, symptoms of cervical cancer and ways to prevent cervical cancer. She also explained how early detection could help in curing the cancer. Also, information about the various vaccination and preventive measures for cervical cancer was advised.


(Dr. S. N. Shole)

Chairperson Women Empowerment Cell



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Cervical Cancer & its prevention Seminar conducted by Dr. Rajasi Senguta on 03/09/2016



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SHRI RAMDEOBABA COLLEGE OF ENGINEERING AND MANAGEMENT

Self Defense Workshop

Date: 05/08/2016

College organized a workshop on self defense for the college students. The event was held in presence of Mrs. Sunita Dhote, teacher RCOEM, Ms. Akanksha Sabharwal, and other girls Students of the College. Mr. Manoj P. Burde, a 2nd degree black belt W.T.F. Korea, Genral Sec. & chief instructor of Taekwondo association of Nagpur and Ms. Shipali Meshram, 1st Dan black belt were the trainers invited to conduct the workshop.

The students were taught the importance of protecting themselves in a hostile situation. The trainers simulated specific scenarios and explained the students how to act with grit and utilize their experience of the session. The trainers made the students practice certain hand-to-hand combat tricks as well as various leg and shoulder movements. They made sure that the students learned the basic martial arts skills and apply them when necessary.

The entire committee was engrossed in the workshop as well right from the start till the end when everyone left.



Self Defense Workshop Conducted by Ms. Shilpi Meshram on 05/08/2016

Sunita

Dr. Sunita Dhote
Chairperson Women Empowerment Cell



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Aerobics Workshop

Date: 10th August, 2016

Girls students of the college volunteered for Aerobics workshop on 10th August, 2016 for students, with an purpose to make the aware about health benefits of aerobics. Basic steps of aerobics were taught.

Sunita

Dr. Sunita Dhote
Chairperson Women Empowerment Cell



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AEROBICS WORKSHOP



Aerobics workshop conducted by female student Ms. Linki Parsnani on 10 August,2016



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Shri Ramdeobaba College of Engineering and Management
Women Empowerment Cell

Swacch Bharat Abhiyan was conducted on 2nd October, 2016, at Futala Lake to clean the surroundings of futala lake, Nagpur. The teaching, non-teaching and students of the college to part very enthusiastically.

Dr. Sunita Dhote
Chairperson Women Empowerment Cell



Swaccha Bharat Mission Program conducted by Civil Dept on 2nd October, 2016 at Futala Lakeside





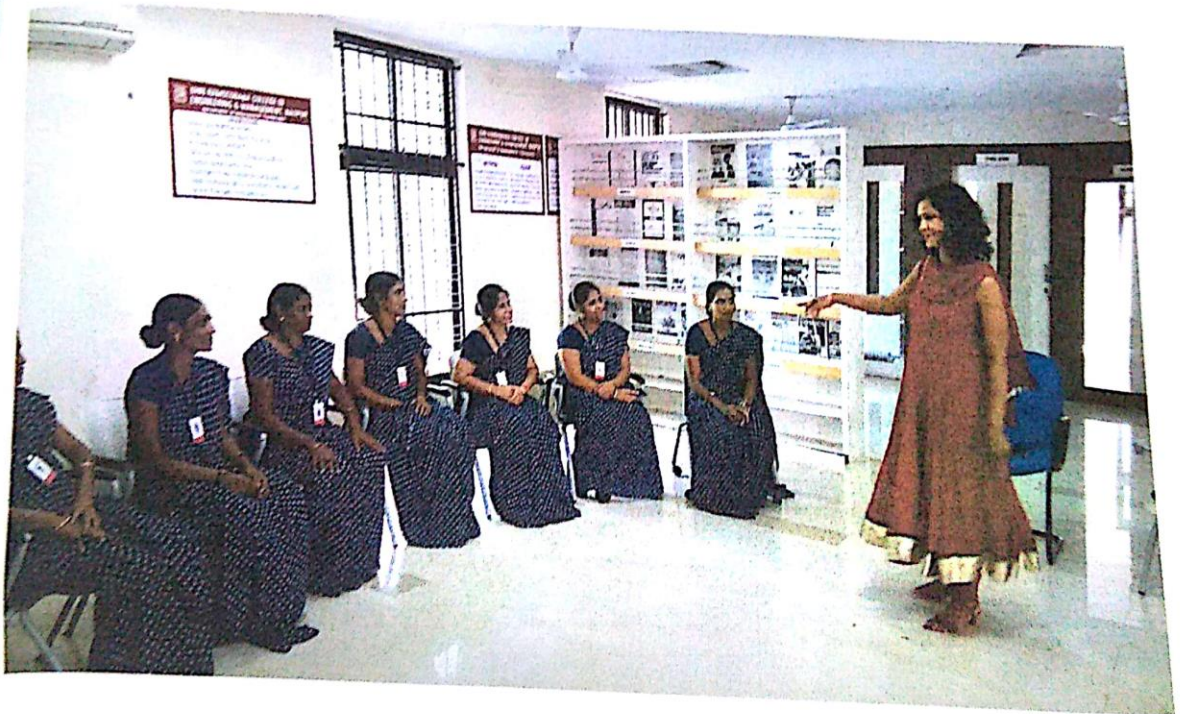
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SHRI RAMDEOBABA COLLEGE OF ENGINEERING AND MANAGEMENT

Guest Lecture on Motivational topic "Be Positive" :

Date: 24th September 2016

College organized a lecture on **"Be Positive"** for helper class female. Dr.Sunita Dhote addressed them to have a positive attitude in life which will help them to carry out their day-to-day activities conveniently. The gist of the lecture was to motivate the helper class women to develop a positive attitude in all walks of life



Be Positive Lecture conducted for the female helper Staff of college on 24/09/2016 by Dr. Sunita Dhote

Sunita
Chairperson
(Chlorine Empower Cell)



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SHRI RAMDEOBABA COLLEGE OF ENGINEERING AND MANAGEMENT

A seminar on Women safety:

Date: 29th September 2016

College organized a seminar on women safety and empowerment for students under the guidance of Dr. Sunita Dhote, faculty, DMT, RCOEM. The event was addressed by Ms. Deepali Masirkar, Deputy Commissioner of Police, Zone 1 Nagpur.

Ms. Deepali made the students aware of various crimes against women giving examples of the cases she handles. Also, some advice and tips for women empowerment and safety were given to the students followed by an interactive session.

The gist of the seminar was that a woman will be empowered and safe only if other women in the society supports her and stands by her.

(Dr. S. N. Dhote)

Dr. Sunita Dhote
Chairperson Women Empowerment Cell



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WOMEN SAFETY SEMINAR



Women Safety talk conducted by Deputy Commissioner of Police Ms. Deepali Masirkar on 29/09/2016



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Bone Density Checkup Camp

Date: 2 March 2017

Time: 2.30pm onwards

Venue: Old Library, first floor Department of Management Technology

The objective of conducting the camp was to

1. Detect whether the student or teaching and non-teaching staff have osteoporosis
2. It examines the bones in your spine, hip, and forearm, as these are the bones that are most likely to break when one have osteoporosis.

Outcome:

200 female had attended the camp. Wherein, it was observed that approximately less than 78% of female had lower bone density, they consulted with the doctor and medicine were prescribed accordingly.

Dr. Sunita Dhote
Chairperson Women Empowerment Cell



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Rotary MIHAN Town Nagpur **RCOEM**

Bone Density Test
(Women's Day Celebrations)

Date: 02nd March 2017, Time : 2.30 pm
Venue: Ramdeobaba Engineering Collage, MBA Auditorium, RCOEM

Project Director
Dr. Sunita Dhote
9730034031

Our Respected Team

Garima Devyani
9049667520

Divya Rathi
8983386770,

Yamini Sharma
7350167106

Bone Density Chekup conducted by Dr. Sorte on 02/03/2017

Breast Cancer Awareness Workshop

Date: 2 March 2017

Time: 4.00pm onwards

Venue : Old Library, first floor Department of Management Technology

The objective of conducting the camp was to

1. To make the female staff understand functions of body organs.
2. To maintain the hygiene of the same.
3. To spread awareness about cervical cancer risk factors and symptoms

50 female staff attended the programme and got benefit of the same

Dr. Sunita Dhote



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Chairperson Women Empowerment Cell



Breast Cancer Awareness 08/02/2017 by Dr. Varsha Taori



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