

SHRI RAMDEOBABA COLLEGE OF ENGINEERING & MANAGEMENT, NAGPUR
DEPARTMENT OF PHYSICAL EDUCATION & NSS UNIT

NATIONAL YOUTH DAY
SWAMI VIVEKANAND BIRTH ANNIVERSARY
12TH JANUARY 2023

National Youth Day was celebrated on 12th January 2023 at Football Ground of Shri Ramdeobaba College of Engineering and Management, Nagpur. The Department of Physical Education and the National Service Scheme (NSS) in association with the Kavi Kulguru Kalidaas Sankrity University organized the event on the occasion of Swami Vivekanand's Birth Anniversary.

The celebrations started early in the morning with the presence of esteemed guests, Dr. Sunita Wadhwan and Professor Nandapuri, along with the entire team of Kavikulaguru Kalidas Sanskrit University. The event had the presence of the Head of the PE Dept. Dr. Amit Anurag, Mr. Saket Kanetkar, NSS Secretaries, Sports Secretaries and large no. of students.

Dr. Amit Anurag welcomed the guests with a sapling, and the event commenced with a Yoga activity and Suryanamaskar competition of 108 rounds. Students participated in yogic activities and 108 surynamaskar competition enthusiastically as tribute to swami Vivekanand on his Birth Anniversary. Many students completed 108 surynamaskar. different Asanas and Pranayam were also practiced at this event.

The guests were felicitated with a memento, and the event concluded with the National Anthem. Dr. Sanjogta Meshram, First Year In charge, and faculty of the Chemistry Department was present at concluding function. The celebration of National Youth Day at the RCOEM provided an excellent platform for the students to learn and imbibe the teachings of Swami Vivekanand, promoting a holistic approach to health and wellbeing. The event was a grand success and appreciated by all present.

(Dr. Amit Anurag)
HOD, Physical Education Department
& NSS Programme Officer

